

**OWEN HENRY  
MAYOR**



**HIMANSHU R. SHAH  
BUSINESS ADMINISTRATOR**

## **TOWNSHIP OF OLD BRIDGE**

**FOR IMMEDIATE RELEASE**

**March 19, 2019**

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## **MAYOR'S 1<sup>st</sup> ANNUAL HEALTH & WELLNESS 5K RACE OVERWHELMING RESPONSE FOR PARTICIPATION**

**Old Bridge Township, NJ** – On Saturday, March 30, 2019, the Township of Old Bridge, led by Mayor Henry, will host its first annual Health & Wellness 5K Race honoring our Hometown Heroes. The race will start and finish at the Old Bridge Municipal Building and there will be a Health & Wellness Fair immediately following the race where you can take advantage of free give-a-ways and helpful health tips from our local sponsors.

“Based on the overwhelming response to the 5K, registration will continue. Having originally expected 100-150 racers, we are currently at 450 with many making individual donations. The response of our amazing residents and neighbors has been wonderful. This being a fundraiser for the Municipal Alliance and for our Veterans, we could not see denying anyone who would want to race for these worthy causes,” stated Mayor Henry. “Thank you to all of our participants, sponsors and volunteers for making this event so special,” he continued.

**Organizers and volunteers have been instructed to keep registration open until March 27, 2019.** Runners and walkers of all ages are welcomed to participate for this worthy cause and to create a sense of health and wellness within our community. For more information and to sign-up, please click here:

<https://runsignup.com/Race/NJ/OldBridge/MayorsInauguralHealthWellness5KHonoringOurHometownHeroes>

For more information on this event, please contact the Mayor's Office (732) 721-5600 ext.2040.

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