



**MCFOODS**

**Middlesex County's Emergency Food Network**



# DIRECTORY

**Phone: 732-729-0880**

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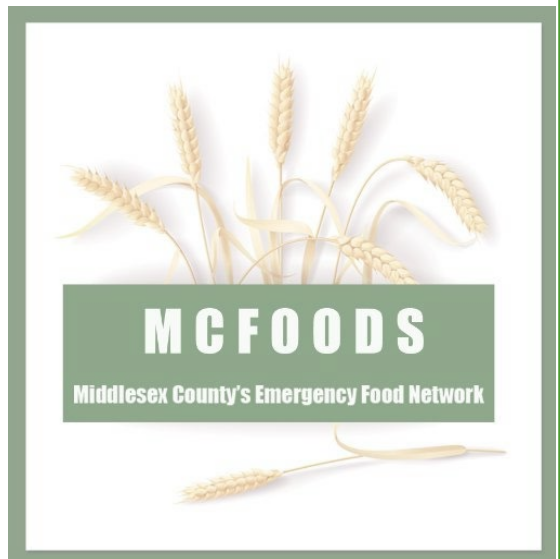
# INTRODUCTION

To help achieve local food security and provide access to nutritionally adequate food and other basic necessities to all residents in Middlesex County, at all times, the Middlesex County Food Organization and Outreach Distribution Services (M.C.F.O.O.D.S.) was created in 1994. Assisting in this fight to ease local hunger, the Middlesex County Board of Chosen Freeholders and the Middlesex County Improvement Authority (MCIA) have been working with M.C.F.O.O.D.S. to coordinate food drives through schools, municipalities and corporate businesses.

Since long-term, sustainable, development oriented approaches are necessary to meet the community's food needs, many government and non-profit agencies and organizations, churches, schools and businesses have formed partnerships to help achieve our goals.

This directory includes a listing of many food pantries and soup kitchens throughout the county that offer assistance to Middlesex County Residents. This directory will enable agencies, churches, municipal officials, police departments, etc. to have vital information at hand when asked for assistance by a Middlesex County resident.

All sites listed in the directory have given permission for their names to be included.



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## DIRECTORY LISTINGS

### CARTERET

#### CARTERET CALVARY BAPTIST CHURCH REFLECTION OF GOD THE WAY MINISTRY

Contact: Diahann Thomas-Spencer  
Telephone: 732-541-9169 (Office) or 732-912-6007 (Help Line)  
Address: 38 McKinley Avenue  
Carteret, NJ 07008  
Hours of Operation: Last Saturday of the month  
11:00 a.m. – 1:00 p.m.

Community outreach program providing emergency food to the people of Carteret.

#### LIVING WATER FAMILY OUTREACH

Contact: Cheryl Underwood  
Telephone: 732-216-6593  
Email: [cherylunderwood80@gmail.com](mailto:cherylunderwood80@gmail.com)  
Address: 104 Union Street  
Carteret, NJ 07008  
Hours of Operation: 3<sup>rd</sup> Saturday of the month  
10:00 a.m. – 2:00 p.m. (Any resident in need)  
Open for delivery the 4<sup>th</sup> Tuesday of the month  
9:00 a.m. – 2:00 p.m. (Senior citizens in need only)

Clients must be 18 years or older and supply proof of income and address. Clients are limited to once a month pick-ups. Emergency food and clothing are available. Elder care assistance is also available to seniors in the area. Community workshops to assist, improve and empower clients in job searching, health care and education are usually held quarterly.

#### ST. JOSEPH'S PARISH, ST. VINCENT DEPAUL FOOD PANTRY

Contact: Barbara McHale  
Telephone: 732-541-6003  
Address: 55 High Street  
Carteret, NJ 07008  
Hours of Operation: Every 3<sup>rd</sup> Saturday  
9:30 a.m. – 10:30 a.m.

Nonperishable food items available to Carteret residents in need. Proof of residency is required.

## CRANBURY

### FIRST PRESBYTERIAN CHURCH OF CRANBURY - SKEET'S PANTRY

Contact: Church Office - Carol Kientz  
 Telephone: 609-426-0690  
 Address: 22 South Main Street  
 Cranbury, NJ 08512  
 Website: [www.cranburypres.org](http://www.cranburypres.org)  
 Hours of Operation: Every 3<sup>rd</sup> Friday  
 8:00 a.m. – 10:00 a.m.  
 (Doors open between 7:30 a.m. – 8:00 a.m.)

Nonperishable food items and some perishable items are available to any county resident in need.

## EAST BRUNSWICK

### THE CRISIS ROOM AT ALDRSGATE

Contact: Diane Hutchins  
 Telephone: 732-254-7361 Church Office  
 or 908-239-9098 (Diane's Cell)  
 Address: 562 Ryders Lane  
 East Brunswick, NJ 08816  
 Hours of Operation: Tuesday and Friday 12:30 p.m. – 2:30 p.m.  
 Sunday 1:00 p.m. – 3:00 p.m.

Emergency food and clothing are provided to those in need. Must be a resident of Middlesex County. Referral is required for assistance.

## EDISON

### COMMUNITY PRESBYTERIAN CHURCH

Contact: Church Secretary  
 Telephone: 732-287-1666  
 Address: 75 Glenville Road  
 Edison, NJ 08817  
 Hours of Operation: Tuesday & Thursday  
 9:00 a.m. – 11:00 a.m.

A three-day supply of food is available once a month for Edison Township residents, proof of residence is required (driver's license, utility bill, etc.).

## GUARDIAN ANGELS CHURCH, SOCIETY OF ST. VINCENT DE PAUL

Contact: Food Pantry  
 Telephone: 732-247-4657; for Spanish call 732-589-8595  
 Address: 37 Market Street  
 Edison, NJ 08817  
 Hours of Operation: Every other Wednesday (calendar available)  
 9:30 a.m. – 11:30 a.m.

Food Pantry services are available during the designated hours.

## HANDS OF HOPE AT ST. JAMES EPISCOPAL CHURCH

Contact: Jackie Goedesky  
 Telephone: 732-236-3330  
 Address: 2136 Woodbridge Avenue, PO Box 1057  
 Edison, NJ 08818  
 Website: <http://handsofhopenj.net>  
 Hours of Operation: 1<sup>st</sup> & 3<sup>rd</sup> Saturday of the month  
 11:00 a.m. – 1:30 p.m.

Soup Kitchen and food pantry available to any Middlesex County resident in need.  
 An intake application must be completed and proof of residency is required.

## NEW BEGINNINGS CHURCH OF THE NAZARENE

Contact: Joan Naraine  
 Telephone: 732-985-7097  
 Address: 80 Jefferson Blvd.  
 Edison, NJ 08817  
 Hours of Operation: 4<sup>th</sup> Saturday of each month  
 1:00 p.m. – 3:00 p.m.

Nonperishable food is available for any Middlesex County resident over the age of 18  
 who is in need. ID is required.

## ST. PAUL'S EVANGELICAL LUTHERAN CHURCH

Contact: Church Office - Kathy  
 Telephone: 732-287-0888  
 Address: 445 Old Post Road  
 Edison, NJ 08817  
 Hours of Operation: Wednesday & Thursday  
 10:00 a.m. – 12:00 p.m.

Produce is available every first and third Wednesday. Clients may come once a month  
 for non-perishable items. Nonperishable canned foods are available on an emergency  
 basis.

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## HELMETTA

### NEW LIFE PANTRY AT ST. GEORGE'S CHURCH

Contact: Kristen Tabert  
 Telephone: 732-521-0169  
 Address: 56 Main Street  
 Helmetta, NJ 08828  
 Website: [www.NewLifeFoodPantry.org](http://www.NewLifeFoodPantry.org)  
 Hours of Operation: Tuesday 10:00 a.m. – 12:00 p.m.  
 3<sup>rd</sup> Thursday of the month 4:30 p.m. – 6:00 p.m.  
 Produce distribution on the other Thursdays  
 2:00 p.m. – 3:00 p.m.

Frozen foods, produce, bread, dairy products, nonperishable food and personal care items are available to anyone in need. Patrons may come once per week. Please bring photo ID. All are welcome!

## HIGHLAND PARK

### HIGHLAND PARK FOOD PANTRY

Contact: Nicole Huff or Janice Ballou  
 Telephone: 732-819-0052 (Nicole) or 908-410-7618 (Janice)  
 Address: Highland Park Youth & Senior Center  
 220 South 6<sup>th</sup> Avenue  
 Highland Park, NJ 08904  
 Hours of Operation: 2<sup>nd</sup> & 4<sup>th</sup> Thursdays of the month  
 9:00 a.m. – 10:45 a.m. (or later if distribution takes longer)  
 6:00 p.m. – 7:00 p.m. (or later if distribution takes longer)  
 The Saturdays following the 2<sup>nd</sup> and 4<sup>th</sup> Thursdays  
 of the month – 9:30 a.m. – 10:30 a.m.

Nonperishable food distribution is available to Highland Park residents in need. Proof of residency is required. USDA food is distributed to qualified clients. Appointments can be made for emergencies.

## JAMESBURG

### CALVARY CHAPEL CROSSFIELDS

Contact: Fran Napoli  
 Telephone: 732-521-0382 (Office) or 609-664-2973 (Fran)  
 Address: 15 Half Acre Road  
 Jamesburg, NJ 08831  
 Website: [www.cccrossfields.org](http://www.cccrossfields.org)  
 Hours of Operation: Friday 6:00 p.m. – 8:30 p.m.

Provides food and clothing. Requires client intake form requesting name, address, and financial situation.

## **PRESBYTERIAN CHURCH OF JAMESBURG - DEACONS FOOD CUPBOARD**

Contact: Church Office  
 Telephone: 732-521-1711  
 Address: 177 Gatzmer Avenue  
 Jamesburg, NJ 08831  
 Hours of Operation: 3<sup>rd</sup> Saturday of the month by appointment only

Please call the church office for specific information, however, proof of residency in Jamesburg, Helmetta, or Spotswood is required and an application must be completed.

## **ST. JAMES THE LESS ROMAN CATHOLIC CHURCH SOUP KITCHEN**

Contact: Deacon Patrick J. Smith  
 Telephone: 732-521-0100  
 Address: 36 Lincoln Avenue  
 Jamesburg, NJ 08831  
 Hours of Operation: Tuesday 3:00 p.m. – 6:00 p.m.

A meal is provided on site and clients are sent home with a package. All are welcome.

## **METUCHEN**

### **FIRST PRESBYTERIAN CHURCH OF METUCHEN**

Contact: Sarah Teti, Food Pantry Coordinator  
 Telephone: 732-491-2300 (Office) or 732-491-2325 (Food Pantry)  
 Address: 270 Woodbridge Avenue  
 Metuchen, NJ 08840  
 Hours of Operation: Wednesday & Thursday  
 9:00 a.m. – 12:00 noon

Emergency food distribution is available to residents of Edison and Metuchen; proof of residency must be provided. All requests must come in by phone by 3PM on Tuesday so that volunteers can make an appointment to “shop” Wednesday or Thursday OR volunteers can package the food for pick up on Thursday. Emergency requests are also arranged. Limited to once a month. Suggested donations include: Parmalat Milk, peanut butter and jelly, maple syrup and pancake mix (mix with water), dry cereal, canned meats, juices, and vegetables, soups, spaghetti sauce and pasta. We do not accept perishable items.



## ST. FRANCIS CATHEDRAL SOCIAL CONCERNS

Telephone: 732-548-0100 ext. 225 for Social Concerns  
 Address: 45 Library Place  
 Metuchen, NJ 08840  
 Hours of Operation: Monday – Thursday 9:30 a.m. – 11:30 a.m.

Emergency food distribution is available.

## MILLTOWN

### JEWISH FAMILY SERVICES OF MIDDLESEX COUNTY, MILLTOWN

Contact: Intake  
 Telephone: 732-777-1940  
 Website: [www.jfsmiddlesex.org](http://www.jfsmiddlesex.org)  
 Address: 32 Ford Avenue, 2<sup>nd</sup> Floor  
 Milltown, NJ 08850 (United Way Bldg., street parking)  
 Hours of Operation: By appointment

Family, couple, and individual counseling, older adult services, vocational and career services, emergency food (non-perishable), Kosher Meals on Wheels delivery, referrals for essential needs. Immigration and citizenship classes, and the Women's Center for Displaced Homemakers are among the services available. To get food, must be a Middlesex County resident, 18 or older, must show proof of name, address and income. Requests are limited to once a month or for emergency circumstances. Nonperishable kosher food is provided to those in need. Monetary donations and kosher non-perishable food donation are accepted from the community and organizations.

## MONROE

### JEWISH FAMILY SERVICES OF MIDDLESEX COUNTY, MONROE

Contact: Intake  
 Telephone: 609-395-7979  
 Website: [www.jfsmiddlesex.org](http://www.jfsmiddlesex.org)  
 Address: 52 Concordia Shopping Center  
 Monroe Twp., NJ 08831  
 Hours of Operation: By appointment

Family, couple, and individual counseling, older adult services, vocational and career services, emergency food (non-perishable), Kosher Meals on Wheels delivery, referrals for essential needs. Immigration and citizenship classes, and the Women's Center for Displaced Homemakers are among the services available. To get food, must be a Middlesex County resident, 18 or older, must show proof of name, address and income. Requests are limited to once a month or for emergency circumstances. Monetary donations and kosher non-perishable food donation are accepted.

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## MONROE TOWNSHIP OFFICE OF SENIOR SERVICES

Contact: Karen Theer or Claire Kelly  
 Telephone: 609-448-7140  
 Address: 12 Halsey Reed Road  
 Monroe, NJ 08831  
 Hours of Operation: 1<sup>st</sup> Wednesday of the month  
 8:30 a.m. – 11:00 a.m. by appointment only

Nonperishable food distribution is available on the 1<sup>st</sup> Wednesday of each month from 8:30 a.m. - 11:00 a.m. Emergency calls are taken Monday – Friday from 8:30 a.m. to 4:30 p.m. Proven financial eligibility and proof of residency in Monroe Township is required.

## NEW BRUNSWICK

### BAYARD STREET PRESBYTERIAN CHURCH

Contact: Pastor Joseph Bodnar  
 Telephone: 732-247-0384 or 732-672-3793  
 Address: 107 Bayard Street, PO Box 1207  
 New Brunswick, NJ 08901  
 Hours of Operation: Last Saturday of the month  
 12:00 p.m. – 2:00 p.m.

Nonperishable food, toiletries, clothing, household items, and paper goods available to those in need.

### CHRIST CHURCH NEW BRUNSWICK FOOD PANTRY

Contact: Church Office  
 Telephone: 732-545-6262 or 732-543-3065  
 Address: 5 Paterson Street  
 New Brunswick, NJ 08901  
 Hours of Operation: 2<sup>nd</sup> & 3<sup>rd</sup> Wednesdays of the month, 6:00 p.m. – 7:30 p.m.  
 Last 2 Fridays of the month, 9:00 a.m. – 10:30 a.m.  
 Last 2 Saturdays of the month, 10:30 a.m. – 12:00 p.m.

Emergency food distribution is subject to items available.

### EBENEZER BAPTIST CHURCH, FEED MY SHEEP MINISTRY, SOUP KITCHEN

Contact: Victor Hoagland or Louie Rolon  
 Telephone: 732-247-2459 Fax 732-247-7357  
 Address: 126 Lee Avenue  
 New Brunswick, NJ 08901  
 Hours of Operation: Tuesdays 11:00 a.m. – 1:00 p.m. (Soup Kitchen)

Hot meals are provided to all those in need. Other donated food items are also distributed as received.

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## ELIJAH'S PROMISE

Contact: Pamela Johnson  
 Telephone: 732-545-9002 Ext. 116  
 Address: 18 Neilson Street  
 New Brunswick, NJ 08901  
 Website: <http://www.elijahspromise.org>  
 Hours of Operation: Community Soup Kitchen Hours  
 Monday - Friday 11:00 a.m. – 7:00 p.m.  
 Saturday – Sunday 12:00 p.m. – 1:30 p.m.

Prepared meals, health services, educational services, information and referral services are available. Prepared “Meals to Go” program is available for people who are working and unable to attend regular meal times. “Fresh is Best” program offers perishable and non-perishable food for people with HIV/AIDS by appointment only. Suggested donations include food and paper supplies.

## FIVE LOAVES FOOD PANTRY STORE AT SECOND REFORMED CHURCH OF NEW BRUNSWICK

Contact: Catherine Verduci  
 Telephone: 732-545-1019  
 Address: 100 College Avenue  
 New Brunswick, NJ 08901  
 Hours of Operation: Regular Hours (September – April)  
 Monday – Friday 10:00 a.m. – 2:00 p.m.  
 Monday & Wednesday 5:00 p.m. – 8:00 p.m.  
Summer Hours (May – August)  
 Monday, Tuesday & Wednesday  
 10:00 a.m. – 2:00 p.m.  
 Wednesday 5:00 p.m. – 8:00 p.m.  
 \*Closed 3<sup>rd</sup> Wednesday of the month

Please call 732-545-1019 before coming at any time, since our staff is totally volunteer and sometimes unavailable to keep hours established. Basic emergency food is available to people and families in economic hardship. Proof of name, current address, proof of any dependents and valid photo ID. Food is distributed by client choice, not prepackaged bags. Staff speaks English and Spanish.

## NEW BRUNSWICK SEVENTH DAY ADVENTIST CHURCH

Contact: Oneka Edwards  
 Telephone: 732-745-4858  
 Address: 339 Livingston Avenue  
 New Brunswick, NJ 08901  
 Website: [www.NBSDAC.com](http://www.NBSDAC.com)  
 Hours of Operation: Sunday 12:00 p.m. – 2:00 p.m.

Emergency food is available to New Brunswick residents and those within the church community every Wednesday. Food, prayer, counseling, and clothing are available. Advanced appointment recommended for services other than food. Valid photo ID and proof of address are required.

## PRAB – PRESCHOOLS

Contact: Family Workers  
 Telephone: 18 Drift Street ECC 732-828-4709  
 Mario Gonzalez Child Dev Center 732-828-4572  
 Downtown ECC 732-545-0426  
 Raritan Gardens ECC 732-247-5640  
 Address: Preschool  
 P.O. Box 240  
 New Brunswick, NJ 08901  
 Hours of Operation: Monday – Friday  
 7:30 a.m. – 5:30 p.m.

Emergency food assistance is available to any Puerto Rican Action Board Preschool Family. Suggested donations include rice, beans, tomato sauce and spaghetti.

## PRAB, INC. – SERVICE ACCESS CENTER

Contact: Service Access Center Representative  
 Telephone: 732-828-4510  
 Address: 90 Jersey Avenue, P.O. Box 240  
 New Brunswick, NJ 08901  
 Hours of Operation: Agency hours are Monday – Friday 9:00 a.m. – 5:00 p.m.  
 Wednesday 9:00 a.m. – 6:00 p.m.  
 Pantry is only available on Thursdays to a limited number of families

Cases are determined on individual need. Clients are eligible for assistance once a month and for emergencies as needed.

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## SALVATION ARMY FAMILY AND COMMUNITY EMERGENCY CENTER

Contact: Loraine Ramos  
 Telephone: 732-545-1477 ext. 113  
 Address: 287 Handy Street, P.O. Box 5724  
 New Brunswick, NJ 08901  
 Hours of Operation: Monday – Friday  
 9:00 a.m. – 3:00 p.m.

Services include food pantry. Photo ID, birth certificate for all household members, and proof of address are required. Clients are eligible for assistance once every month (excluding holiday assistance). Must be a resident of New Brunswick, East Brunswick, North Brunswick, Highland Park or Milltown.

## SHARON BAPTIST CHURCH

Contact: Edmund DeVeaux  
 Telephone: 201-478-9446 (Cell) 732-846-0669 (Church)  
 Website: [www.sharonbaptistnj.com](http://www.sharonbaptistnj.com)  
 Address: 25 Howard Street  
 New Brunswick, NJ 08901  
 Hours of Operation: 2<sup>nd</sup> Wednesday of the month  
 12:00 p.m. – 2:00 p.m.

Sharon Baptist Church will serve those in need on a 'first come, first serve' basis. We will serve until either supplies or time expires.

## ST. ALBAN'S CHURCH FOOD PANTRY

Contact: Enid Atkins  
 Telephone: 732-247-0808  
 Address: 148 Lee Avenue  
 New Brunswick, NJ 08901  
 Hours of Operation: Wednesday 7:00 p.m. – 8:30 p.m.

Emergency food is available for those in need.

## ST. VINCENT DE PAUL FOOD PANTRY, NEW BRUNSWICK

Contact: Walter Mulyk  
 Telephone: 732-309-2142  
 Address: 29 Abeel Street  
 New Brunswick, NJ 08901  
 Hours of Operation: Wednesday & Saturday  
 10:00 a.m. – 1:00 p.m.

Emergency food distribution is provided. Need must be established under TEFAP guidelines. Food may be picked up weekly. To register as a client, individuals must provide evidence of New Brunswick residency.

## SUYDAM STREET REFORMED CHURCH

Contact: Virginia Previte  
 Telephone: 732-249-6803  
 Address: 74 Drift Street  
 New Brunswick, NJ 08901  
 Hours of Operation: Saturday 9:00 a.m. – 10:30 a.m.  
 Sunday 7:30 a.m. – 8:30 a.m.  
 Monday 9:00 a.m. – 10:00 a.m.

Canned and packaged goods are available through the pantry and bread and pastries are distributed on Sundays. Clients must sign a form, and present a proper ID, adults only. Services are limited to once a month. Donations accepted include canned and packaged goods.

## VANESSA'S PANTRY AT EMANUEL LUTHERAN CHURCH

Contact: Vanessa Dunzik  
 Telephone: 732-545-2673  
 Address: New & Kirkpatrick Streets  
 New Brunswick, NJ 08901  
 Website: [www.emanuelnb.org](http://www.emanuelnb.org)  
 Hours of Operation: Wednesday 10:00 a.m. – 11:45 a.m.  
 The Saturday following the 3<sup>rd</sup> Thursday of the month  
 9:00 a.m. – 10:45 a.m.

Emergency food distribution is available. Services may be used once every month and are limited by availability of food. Nonperishable foods and baby supplies may be donated.

## NORTH BRUNSWICK

### NEW DESTINY FAMILY WORSHIP CENTER

Contact: Julienne Whitten  
 Telephone: 732-246-8850  
 Address: 1330 Livingston Avenue  
 North Brunswick, NJ 08902  
 Hours of Operation: Every Wednesday 11:00 a.m. – 1:00 p.m.  
 Closed on holidays and every 5<sup>th</sup> Wednesday

Perishable and non-perishable food is provided to those in need during hours of operation. Please do not call on Wednesdays, just show up. We are a very busy pantry and cannot return calls. Our mission statement: Neighbors Helping Neighbors – No one goes to bed hungry in our county.

## NORTH BRUNSWICK FOOD BANK

Contact: Kathleen Aruta  
 Telephone: 732-247-0922 ext. 293  
 Address: 710 Hermann Road  
 North Brunswick, NJ 08902  
 Hours of Operation: Tuesday 10:00 a.m. – 12:00 p.m.  
 Thursday 6:00 p.m. – 8:00 p.m.

Food is available for North Brunswick residents who are in need of assistance. Driver's license, picture ID with address, or County ID with recent official mailing address showing are necessary for verification of residency.

## OLD BRIDGE

### CALVARY CHAPEL OLD BRIDGE BROKEN LOAVES FOOD & RAIMENT MINISTRY

Contact: James Shevchenko  
 Telephone: 732-679-4837  
 Address: 139 White Oak Lane  
 Old Bridge, NJ 08857  
 Hours of Operation: Friday 10:30 a.m. – 1:00 p.m. & 6:30 p.m. – 8:30 p.m.

Services offered include food, clothing, counseling, and prayer. An appointment must be made by calling in advance – office hours are Tuesday, Wednesday and Thursday from 10:30 a.m.-2:30 p.m. Walk-ins are not accepted and services are limited to once a month.

## OLD BRIDGE TOWNSHIP FOOD BANK

Contact: Anahita Feltz  
 Telephone: 732-721-5600 ext. 2022  
 Address: One Old Bridge Plaza  
 Old Bridge, NJ 08857  
 Hours of Operation: Tuesday, Wednesday & Thursday  
 10:00 a.m. – 12:00 p.m. (By appointment only)

Initial contact should be made with Middlesex County Board of Social Services (SNAP) program. Clients will be required to provide proof of SNAP benefits or denial letter prior to applying in Old Bridge. For an intake appointment call 732-721-5600 ext. 6625. Required Information: 2 proofs of residency, proof of income, SSI/SSD award letter, SNAP award/denial letter.

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## ST. LAWRENCE CHURCH FOOD PANTRY

Contact: Joan Langan  
 Telephone: 732-583-9361  
 Address: 109 Laurence Parkway  
 Laurence Harbor, NJ 08879  
 Hours of Operation: Monday & Saturday  
 8:30 a.m. – 10:00 a.m.

Approximately 1 week of emergency food items are available to anyone in need. Holiday baskets are also prepared for Christmas, Easter and Thanksgiving.

## PERTH AMBOY

### CATHEDRAL CDC SOCIAL SERVICES - MERCY HOUSE FOOD PANTRY

Contact: Damaris Ramirez or Juana Kearney  
 Telephone: 732-826-0447  
 Fax: 732-826-1238  
 Website: [www.thecathedral.org](http://www.thecathedral.org)  
 Address: 282 McClellan Street  
 Perth Amboy, NJ 08861  
 Hours of Operation: Monday 9:30 a.m. – 1:00 p.m.  
 Tuesday – Friday  
 9:30 a.m. – 3:00 p.m.

Food pantry is available to Middlesex County residents in need twice a month. Clients must register every six months. Clothing is also available.

### IGLESIA CIUDAD DE REFUGIO

Contact: Rev. Eduardo Almonte  
 Telephone: 732-826-0058  
 Address: 436 Market Street  
 Perth Amboy, NJ 08861  
 Hours of Operation: Wednesday 11:00 a.m. (after food pick up)  
 Thursday 7:30 p.m. – 8:30 p.m.

Emergency food is provided to those in need in the church community.

### OUR LADY OF FATIMA BREAD OF LIFE FOOD PANTRY

Contact: Reverend Alberto Ruiz / Carmen Inoa,  
 Food Pantry Administrator  
 Telephone: 732-442-6634  
 Address: 380 Smith Street  
 Perth Amboy, NJ 08861  
 Hours of Operation: Every 3<sup>rd</sup> Wednesday of the month 2:30 p.m.– 6:30 p.m.  
 The Saturday that follows 1:00 p.m.– 4:00 p.m.

Emergency food is available to any Middlesex County resident in need.

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**SALVATION ARMY**

Contact: Jhoanny Duran, Capt. Alex Rodriguez  
 Telephone: 732-826-7040  
 Address: 433 State Street  
 Perth Amboy, NJ 08861  
 Hours of Operation: Monday – Friday, **EXCEPT** Tuesday  
 9:00 a.m. – 12:00 noon (By appointment)

Food pantry is available twice a month. Clients must register with We Care every six months. Must show proof of need and show ID with proof of address. A soup kitchen and emergency winter shelter for men and transitional housing for veterans is also provided. Call for additional information and appointment.

**ST. PETER'S EPISCOPAL CHURCH,  
PETER'S PANTRY**

Contact: Maureen Erickson  
 Telephone: 732-742-3205  
 Address: 183 Rector Street  
 Perth Amboy, NJ 08861  
 Hours of Operation: Monday 5:00 p.m. – 7:00 p.m.  
 Thursday 10:00 a.m. – 12:00 p.m.

Emergency food is available to Perth Amboy residents. Must provide proof of residence; picture ID, proof of all income (tax return, child support / alimony info, WIC affiliation etc.)

**ST. VINCENT DE PAUL FOOD PANTRY,  
PERTH AMBOY**

Contact: Jerry Yaros or Joe Serrao  
 Telephone: 732-548-4317 or 732-254-4153  
 Address: 230 New Brunswick Avenue  
 Perth Amboy, NJ 08861  
 Hours of Operation: Saturday 9:45 a.m. – 12:45 p.m.

Emergency food available for those in need.

**PISCATAWAY****FISH, INC. DUNELLEN AREA**

Contact: Hotline  
 Telephone: 732-356-0081  
 Address: 456 New Market Road  
 Piscataway, NJ 08854  
 Hours of Operation: Monday, Wednesday & Friday  
 9:00 a.m. – 12:00 p.m. call for appointment

Emergency food and clothing are available. Clients are limited to once a month and must show proof of residency in Piscataway, Middlesex, Dunellen, Highland Park, Edison or South Plainfield. Clients must also provide proof of need through participation in TANF, SSI, WIC, Food Stamps or Medicaid or Welfare, or show proof of household income not in excess of guidelines. Nonperishable foods are accepted as donations.

M.C.F.O.O.D.S. Directory

## JAMES O. BRYANT FOOD PANTRY

Contact: Wilhelmina A. Bryant  
 Telephone: 732-985-4384  
 Address: 6 Ethel Road  
 Piscataway, NJ 08854  
 Hours of Operation: 3<sup>rd</sup> and 4<sup>th</sup> Saturday of the month  
 9:00 a.m. – 11:30 a.m.

Basic foods and necessities are provided once a month to Piscataway area residents who are receiving TANF, SSI, WIC, food stamps, disability, unemployment or low income assistance. Must provide proof of identity, residency and income and may come once a month.

## MUSLIM CENTER OF MIDDLESEX COUNTY - OPEN DOOR FOOD PANTRY

Contact: Muhammad Asif Barlas  
 Telephone: 732-463-2004  
 Address: 1000 Hoes Lane  
 Piscataway, NJ 08854  
 Hours of Operation: Every Wednesday  
 5:00 p.m. – 7:00 p.m.

Nonperishable food and supplies are available to anyone in need.

## ZION HILL BAPTIST CHURCH - FAITH'S KITCHEN

Contact: Bettie Davis or Zelma Andrews  
 Telephone: 732-463-7776 or 732-740-5980  
 Address: 450 Highland Avenue  
 Piscataway, NJ 08854  
 Hours of Operation: Thursday from 11:30 a.m. – 2:00 p.m.

Faith's (Soup) Kitchen provides and serves a free, nutritious lunch every Thursday (excluding holidays) to those in need. Other donated food items are also distributed as received.

## ZION HILL BAPTIST CHURCH FOOD PANTRY

Contact: Rosalee Battiste / Ella Mack / Roy Brinson  
 Telephone: 732-463-9074  
 Address: 450 Highland Avenue  
 Piscataway, NJ 08854  
 Hours of Operation: 3<sup>rd</sup> Tuesday 4:00 p.m. – 6:30 p.m.  
 Every Thursday 10:00 a.m. – 1:00 p.m.

Nonperishable commodities are distributed to those in need twice a month.

M.C.F.O.O.D.S. Directory

## PLAINSBORO

### PLAINSBORO TOWNSHIP FOOD PANTRY

Contact: Erum Ladak  
 Telephone: 609-799-0909 ext. 1711  
 Address: 641 Plainsboro Road  
 Plainsboro, NJ 08536  
 Hours of Operation: 2<sup>nd</sup> and 4<sup>th</sup> Thursday  
 1:00 p.m. – 3:00 p.m. and 5:30 p.m. – 7:00 p.m.

Distribution of nonperishable food items and occasionally perishables and personal care items to residents of Plainsboro Township. Proof of residency and income eligibility is required.

## SAYREVILLE

### FAITH FELLOWSHIP MINISTRIES, WORLD OUTREACH CENTER

Contact: Rachel Cedeno  
 Telephone: 732-727-9500 ext. 1405  
 Address: 2707 Main Street  
 Sayreville, NJ 08872  
 Hours of Operation: 3<sup>rd</sup> Thursday 10:00 a.m. – 7:00 p.m.

Emergency food, clothing and shelter referrals are available to anyone in need. Identification for each recipient is required. Special arrangements can also be made for emergencies. The church is also open for prayer and counseling, please call for an appointment.

### SAYREVILLE CARE & SHARE FOOD BANK

Contact: Sue Paul  
 Telephone: 732-721-8053  
 Address: Senior Center  
 423 Main Street  
 Sayreville, NJ 08872  
 Hours of Operation: Certain Tuesdays (Call for specific dates)  
 10:00 a.m. – 11:00 a.m.

## SOUTH AMBOY

### FIRST PRESBYTERIAN CHURCH OF SOUTH AMBOY

Contact: Church Office  
 Telephone: 732-721-4516  
 Address: 150 North Broadway, PO Box 787  
 South Amboy, NJ 08879  
 Hours of Operation: 3<sup>rd</sup> Saturday 9:30 a.m. – 11:30 a.m.  
 Emergencies by appointment

Food distribution is available once a month. Must show identification and proof of residency, be over the age of 18 and complete paperwork for proof of need. Our pantry is available to residents in our local area: South Amboy, Parlin, Sayreville and Laurence Harbor.

## SOUTH BRUNSWICK

### ABUNDANT LIFE CHRISTIAN CENTER, LIVING WATERS

Contact: Rhondi Sabo  
 Telephone: 732-355-0225 Church  
 Address: 2245 Route 130, Suite 101  
 Dayton, NJ 08810  
 Website: [www.njlifechurch.com](http://www.njlifechurch.com)  
 Hours of Operation: Saturday 8:00 a.m. – 11:00 a.m.  
 Call for an appointment.

Services provided include food and prayer. Clients may obtain services every other week and must show proof of ID. Nonperishable foods and toiletries are accepted as donations.

### SOUTH BRUNSWICK TOWNSHIP FOOD PANTRY

Contact: Jeanne Wert  
 Telephone: 732-329-4000 ext. 7674  
 Address: South Brunswick Municipal Building  
 540 Ridge Road, Social Services Office  
 Monmouth Junction, NJ 08852  
 Hours of Operation: Monday – Friday  
 8:30 a.m. – 4:30 p.m. (By appointment only)

Food box and, if available, food certificates. Cases are determined on individual need for South Brunswick residents only. An application is required. Information must be updated every visit. Food is available as emergency aid only. Donations accepted include cereal, Parmalat, peanut butter, jelly, pasta, sauces, tuna fish, snack foods, beverages, macaroni & cheese, and canned meats.

## SOUTH PLAINFIELD

### SACRED HEART CHURCH SOCIAL CONCERNS

Contact: S. Neil Towey  
 Telephone: 908-756-0633 ext. 112  
 Fax: 908-757-5655  
 Email: [socialconcerns@churchofthesacredheart.net](mailto:socialconcerns@churchofthesacredheart.net)  
 Address: 200 Randolph Avenue  
 South Plainfield, NJ 07080  
 Hours of Operation: Monday, Wednesday and Friday 9:00 a.m. – 11:00 a.m.

Food is available for South Plainfield residents who are in need of assistance. Driver's license or picture ID with address is necessary for verification of residency.

### SOUTH PLAINFIELD SOCIAL SERVICES DEPARTMENT

Contact: Heather L. Barry, LSW  
 Telephone: 908-226-7628  
 Address: 90 Maple Avenue  
 South Plainfield, NJ 07080  
 Hours of Operation: Tuesday & Thursday 8:30 a.m. – 12:00 p.m.

Emergency nonperishable food distribution is available for South Plainfield residents in need. Proof of residency is required.

## SOUTH RIVER

### SOUTH RIVER FOOD BANK

Contact: Debra A. Jones  
 Telephone: 732-257-1999 ext. 118  
 Address: 98 Jackson Street  
 South River, NJ 08882  
 Hours of Operation: Wednesday 10:00 a.m. – 12:00 p.m.  
 1<sup>st</sup> & 2<sup>nd</sup> Saturday 10:00 a.m. – 12:00 p.m.

Nonperishable food is provided to South River residents whom are in need of assistance. Driver's license or picture ID with address is necessary for verification of residency.

### UNION BAPTIST CHURCH, JOSHUA CENTER FOOD BANK

Contact: Joann Jackson, Director  
 Telephone: 732-690-3673  
 Address: 76 Washington Street  
 South River, NJ 08882  
 Hours of Operation: 1<sup>st</sup> and 3<sup>rd</sup> Thursday 9:30 a.m. – 11:30 a.m.  
 1<sup>st</sup> and 3<sup>rd</sup> Saturday 9:30 a.m. – 11:30 a.m.

A soup kitchen and food pantry provides services to any Middlesex County resident in need. Community based outreach services are also available to help individuals in need find appropriate resources.

M.C.F.O.O.D.S. Directory

## SPOTSWOOD

### CHURCHES UNITED FOR PEOPLE

Contact: Jen Alexander  
 Telephone: 732-307-7939  
 Address: 455 Main Street  
 Spotswood, NJ 08884  
 Website: <http://www.cohmspotswoodnj.com>  
 Hours of Operation: Tuesday – Thursday  
 9:30 a.m. – 11:30 a.m.  
 and 1:30 p.m. – 3:30 p.m.  
 Tuesday 5:00 p.m. – 7:00 p.m.

Emergency food is provided to those in need one time a month. Must be a resident of Middlesex County and provide proof of residence (i.e.: driver's license, photo ID, utility bill).

### ST. PETER'S EPISCOPAL CHURCH

Contact: Katey Harrington  
 Telephone: 732-251-2449  
 Address: 505 Main Street  
 Spotswood, NJ 08884  
 Website: <http://www.cohmspotswoodnj.com>  
 Hours of Operation: Wednesday 6:00 p.m. – 7:00 p.m.

Free supper to anyone needing a meal and/or fellowship.

## WOODBIDGE

### FELLOWSHIP BIBLE CHURCH

Contact: Louis Devizia  
 Telephone: 732-636-7727  
 Address: 121 East Prospect Avenue  
 Woodbridge, NJ 07095  
 Website: <http://www.yourfamilychurch.com>  
 Hours of Operation: Sunday 12:00 p.m. – 2:00 p.m.

Nonperishable food is available to residents of Woodbridge, Perth Amboy, and Carteret.

### FIRST CONGREGATIONAL CHURCH OF WOODBRIDGE

Contact: Church Office  
 Telephone: 732-634-0582  
 Address: 539 Barron Avenue  
 Woodbridge, NJ 07095  
 Hours of Operation: Must call for an appointment (Sunday pick up)

Call in advance for information and to set up and an appointment. Emergency food is available by appointment only and proof of need is required.

M.C.F.O.O.D.S. Directory

### FIRST PRESBYTERIAN CHURCH OF AVENEL

Contact: Carolyn Stockl  
 Telephone: 732-634-1631  
 Address: 621 East Woodbridge Ave  
 Avenel, NJ 07001  
 Website: <http://avenelpresbyterianchurch.org/>  
 Hours of Operation: Last Tuesday of the month 10:00 a.m. - 11:00 a.m.

Emergency food distribution is available. If it is an emergency you may call the church office for immediate assistance. Food donations and toiletries are accepted.

### FIRST PRESBYTERIAN CHURCH OF ISELIN

Contact: Marion Feliks or Margarita Estrada  
 Telephone: 732-283-1188  
 Address: 1295 Oaktree Road  
 Iselin, NJ 08830  
 Hours of Operation: Call for appointment  
 1<sup>st</sup> Wednesday 10:00 a.m. - 1:00 p.m.

Food is distributed once a month (1<sup>st</sup> Wednesday). You must call by Friday before to be eligible to receive food. Identification and recommendation are usually required.

### FIRST PRESBYTERIAN CHURCH OF WOODBRIDGE

Contact: Church Office  
 Telephone: 732-634-1024  
 Address: 600 Rahway Avenue  
 Woodbridge, NJ 07095  
 Hours of Operation: First two Mondays of each month  
 9:00 a.m. – 11:00 a.m. (emergencies upon notification)

Emergency groceries SFPP and T.E.F.A.P. commodities are provided to all residents in need. To receive T.E.F.A.P. food, proof of residency, address, social services information and ID card are required. Proper notification is also required. Food is given to registered adults only. Families are welcome, but food is only distributed to adults.

### HEAVEN'S HELPERS

Contact: Kathy Hoffman or Doloris Androvich  
 Telephone: 732-742-8942 (Kathy) or 732-501-7972  
 Address: 393 Pearl Street – VFW Post 4410  
 Woodbridge, NJ 07095  
 Hours of Operation: 1<sup>st</sup> Thursday of the month (emergencies by appointment)  
 12:30 p.m. – 3:00 p.m.

Kosher foods and paper goods are available upon request. Recipients are limited to once a month and must complete a registration form with proper identification. Donations of all foods are accepted with a few hours' notice. We have freezers and storage facilities available.

### H.O.P. CENTER

Contact: Myrna Torres  
 Telephone: 732-407-9353 or 732-874-5893  
 Address: 1284 St. George's Ave. 2<sup>nd</sup> floor  
 Avenel, NJ 07001  
 Hours of Operation: September – May: Thursday 6:00 p.m. – 7:30 p.m.  
 June – August: Wednesday 6:00 p.m. – 7:30 p.m.

Distribution of non-perishable food, clothing, parenting workshops, support groups for PPD, and music classes. Personal identification required.

### METRO PARK ASSEMBLY OF GOD

Contact: Pastor Leslie Samuel  
 Telephone: 732-283-3440 or 732-710-3663  
 Address: 48 Berkley Street  
 Iselin, NJ 08820  
 Website: [www.metroparkassembly.org](http://www.metroparkassembly.org)  
 Hours of Operation: Last Thursday of the month  
 (November & December 3<sup>rd</sup> Thursday of the month)  
 7:00 p.m. – 8:30 p.m.

Emergency food is available to anyone in need.

### ST. ANTHONY OF PADUA FOOD PANTRY

Contact: Parish Office  
 Telephone: 732-634-1403  
 Address: 436 Port Reading Avenue  
 Port Reading, NJ 07064  
 Hours of Operation: 3<sup>rd</sup> Wednesday 10:00 a.m. – 12:00 p.m. &  
 7:00 p.m. – 8:30 p.m. (Emergencies upon notification)

A registration form must be filled out. You will be required to show ID and proof of income (driver's license, social security card, pay stub). Non-perishable food is available for Port Reading and Sewaren residents.

### ST. CECELIA'S FOOD PANTRY

Contact: Joanne Berg  
 Telephone: 732-283-0150 ext. 1023  
 Address: St. Cecelia's Parish Center  
 45 Wilus Way  
 Iselin, NJ 08830  
 Hours of Operation: Tuesday 10:00 a.m. – 1:30 p.m. (By appointment only)

Emergency food is available. A registration form must be completed and you will be required to show some ID and a proof of income (driver license, social security card, utility bill, pay stub or letter from SSI). Food is available once a month for Woodbridge residents.

M.C.F.O.O.D.S. Directory



### ST. JAMES EMERGENCY FOOD PANTRY

Contact: Peggy Foley  
 Telephone: 732-636-4310 or 732-636-6343  
 Address: 174 Grove Street  
 Woodbridge, NJ 07095  
 Hours of Operation: Tuesday, Wednesday and Thursday  
 9:00 a.m. – 11:00 a.m.  
 Thursday 7:00 p.m. – 8:30 p.m.

Emergency food is provided once a month. Must show proof of residence in Woodbridge Township and proof of income. Food and monetary donations accepted.

### TRINITY EPISCOPAL CHURCH FOOD PANTRY

Contact: Carroll Thomas  
 Telephone: 732-634-7422 ext. 5  
 Monday or Tuesday 9:00 a.m. – 1:00 p.m. ONLY  
 Address: Trinity Church  
 650 Rahway Avenue at Trinity Lane  
 Woodbridge, NJ 07095  
 Website: [www.trinitywoodbridge.org](http://www.trinitywoodbridge.org)  
 Hours of Operation: Thursday (Red Building), 10:00 a.m. – 11:00 a.m.  
 1<sup>st</sup> Saturday, 10:30 a.m. – 11:30 a.m. (diapers offered)

A three-day supply of emergency food is provided on a once a month basis. Please call on above days, speaking clearly, so that food packages may be prepared ahead for Thursday pick up.

### TRINITY EPISCOPAL CHURCH SOUP KITCHEN

Contact: Carroll Thomas  
 Telephone: 732-634-7422 ext. 5  
 Address: Trinity Church, 650 Rahway Avenue at Trinity Lane  
 Woodbridge, NJ 07095  
 Website: [www.trinitywoodbridge.org](http://www.trinitywoodbridge.org)  
 Hours of Operation: Friday 11:00 a.m. – 1:00 p.m.

A substantial hot lunch is provided to anyone who shows up – no questions asked.

## Middlesex County Office of Aging and Disabled Services Senior Meal Program

Anyone 60 and over is welcome at the following sites:

- Site 1: Thomas J. Deverin Community Center  
100 Cooke Avenue  
Carteret, NJ 07008  
732-541-6221  
Hours: 8:30 a.m. – 2:30 p.m.
- Site 2: Alexander J. Jankowski Community Center  
1 Olive Street  
Perth Amboy, NJ 08861  
732-442-0930  
Hours: 8:30 a.m. – 2:30 p.m.
- Site 3: Sayreville Senior Center  
423 Main Street  
Sayreville, NJ 08872  
732-254-4299  
Hours: 8:30 a.m. – 2:30 p.m.
- Site 4: Edison Senior Center  
2963 Woodbridge Ave.  
Edison, NJ 08817  
732-452-0377  
Hours 8:30 a.m. – 2:30 p.m.
- Site 5: Piscataway Senior Center  
700 Buena Vista Boulevard  
Piscataway, NJ 08854  
732-743-9844  
Hours: 8:30 a.m. – 2:30 p.m.
- Site 6: South Brunswick Senior Center  
540 Ridge Road  
Monmouth Junction, NJ 08852  
732-329-6171  
Hours: 8:30 a.m. – 2:30 p.m.
- Site 7: Old Bridge Senior Center  
1 Old Bridge Plaza  
Old Bridge, NJ 08857  
732-607-1582  
Hours: 8:30 a.m. – 2:30 p.m.
- Site 8: South Plainfield Senior Center  
90 Maple Ave.  
South Plainfield, NJ 07080  
908-753-1040  
Hours: 8:30 a.m. – 2:30 p.m.

M.C.F.O.O.D.S. Directory

Middlesex County Office of Aging and Disabled Services  
Senior Meal Program  
732-745-2062

Round-trip transportation available to all sites.  
Home-delivered meals available for mobility-impaired.  
Suggested Meal Donation: Congregate: \$2.25  
Home Delivered: \$2.75

To obtain general information on resources available for seniors and the disabled in Middlesex County contact the Office of Aging and Disabled at 732-745-3295 and request a Resource Directory be mailed to your home. The directory includes comprehensive lists of various agencies in Middlesex County, there is a multitude of information ranging from housing options, adult day care facilities, support groups and counseling agencies, as well as many other social service, state and federal organizations.

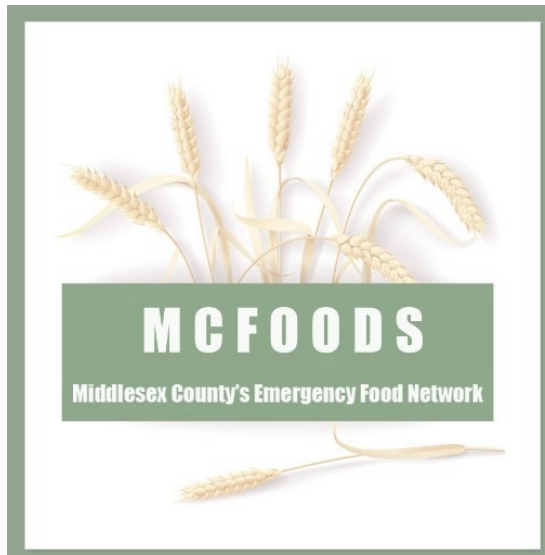
The Middlesex County Area Transit (MCAT) program provides transportation for senior citizens (60 years and older) and persons with disabilities to enable them to maintain the necessities of life. Transportation is provided within Middlesex County and up to 5 miles outside the County. All transportation is curb-to-curb and individuals must register with MCAT in order to request a ride. To register for MCAT contact 732-745-7456.

## **M.C.F.O.O.D.S. Membership & Information**

If you would like additional information about the M.C.F.O.O.D.S. program or if your organization is interested in becoming a part of the M.C.F.O.O.D.S. network please contact the Director to obtain an application packet detailing membership requirements.

Jennifer Apostol  
M.C.F.O.O.D.S. Director  
c/o MCIA  
101 Interchange Plaza, Suite 202  
Cranbury, NJ 08512

Phone: 609-409-5033  
Fax: 609-655-4748  
Email: [ja@mciauth.com](mailto:ja@mciauth.com)  
Website: <http://www.mciauth.com>



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## **Middlesex County Board of Chosen Freeholders**

Ronald G. Rios, *Freeholder Director*

Charles E. Tomaro, *Deputy Director*

Kenneth Armwood, Charles Kenny, Leslie Koppel, Shanti Narra, Blanquita B. Valenti



## **MCIA Board Members**

Paul Abbey, Christine D'Agostino, Jose A. Jimenez, Jr., Anthony Raczynski

Charles E. Tomaro


*Freeholder Deputy Director & MCIA Liaison*

H. James Polos

*Executive Director*

**[www.mciauth.com](http://www.mciauth.com)**

 **McFoods Network**     **@MCFOODSNetwork**

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**[www.middlesexcountynj.gov](http://www.middlesexcountynj.gov)**

Revised November 2018

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